

MONET SABEL

The Luedtke Agency, LLC

AEA | 310.847.9566 | monetsabel@me.com
www.monetsabel.com | Vocal range: E3-D6

212-765-9564
Luedtke@LuedtkeAgency.com

NATIONAL / INTERNATIONAL TOUR

BEAUTIFUL: THE CAROLE KING MUSICAL	Carole King/Cynthia Weil U/S	Dir. Marc Bruni / AD David Ruttura
DISNEY ON CLASSIC (Japan Tour)	Hunchback & Tangled Soloist	Dir. Tony Clements / MD Richard Carsey

OFF-BROADWAY

SWEENEY TODD	Johanna, Beggar Woman & Adolfo Pirelli U/S	Barrow Street Theatre / Dir. Bill Buckhurst
--------------	--	---

REGIONAL THEATRE / READINGS

CABARET	Fraulein Kost/Fritzie, Sally Bowles U/S	The Guthrie / Dir. Joseph Haj
BEAUTIFUL: THE CAROLE KING MUSICAL	Carole King	Theatre by the Sea / Dir. Michael Jablonski
BEAUTIFUL: THE CAROLE KING MUSICAL	Carole King	Chanhassen Theatres / Dir. Cat & Michael Brindisi
BEAUTIFUL: THE CAROLE KING MUSICAL	Carole King	The Wick Theatre / Dir. Jeffrey Moss
BEAUTIFUL: THE CAROLE KING MUSICAL	Marilyn, Carole U/S	La Mirada Theatre / Dir. David Ruttura
AGENT 355	Anna Strong / John Simcoe	Chautauqua Theatre / Dir. Estefania Fadul
THE TURNING (Zack Zadek)	Ensemble	Whitley Theatrical / Dir. Sammi Cannold
THE DEATH OF DESERT ROSE	Ensemble	Jessica Kahkoska, Elliah Heifetz / Dir. Ashley Rodboro
GOOSE GIRL	Enna	Matthew Smedal, Liz Rossi / Dir. Denis Jones

FILM / TV

WHAT HAPPENED IN SKINNER	Lead	Podcast Series / Mazama Entertainment
THIS IS B.S.	Guest Star	Web Series / Dir. Amanda Pinto
WINE TASTING	Lead	Short Film / Dir. Paulina Knaak
AS TOLD BY GINGER	Lead	Self-written/directed/edited NYU Student Film

RECORDINGS

Self-Titled Jazz Album	Soloist	With the Charlie Rosen Big Band
Kerrigan-Lowdermilk LIVE	Featured Vocalist	Yellow Sound Lab
Drafts: Volume Two	Soloist	Alexander Sage Oyen
*HBO "Beautiful Things Can Grow"	Soloist	Song of Parkland / Mark Sonnenblick
*Emmy Nomination		

TRAINING

NEW YORK UNIVERSITY - BFA Tisch School of the Arts, New Studio on Broadway & Stonestreet Film and TV
Acting: Bob Krakower, weekly class with Eric Reis, Andy Roth (VO), Ted Sluberski, Jen Waldman, Alexandra Neil
Voice: Tyley Ross, Mike Ruckles, Michael McElroy, Aimée Steele, J. Oconer Navarro
Dance: Byron Easley, Dell Howlett, Barry McNabb

SPECIAL SKILLS

Proficient guitar and piano, extensive demo studio recording/mixing/editing experience, excellent sight singer, American Sign Language knowledge, conversational French, ZFX flying experience, belay-certified rock climber, bike rider, licensed driver. Dialects: RP, Dublin, southern, Brooklyn
Writer/director/performer of original works and cabarets at Feinstein's/54 Below, Joe's Pub, Don't Tell Mama, Le Poisson Rouge, National Sawdust