

# MONET SABEL

AEA | 310.847.9566 | monetsabel@me.com | www.monetsabel.com

## NATIONAL TOUR

BEAUTIFUL: THE CAROLE KING MUSICAL      Carole King, Cynthia Weil      Dir. Marc Bruni/A.D. David Ruttura

## OFF-BROADWAY

SWEENEY TODD      Johanna, Beggar Woman & Adolfo Pirelli      Barrow Street Theatre/Dir. Bill Buckhurst

## SELECT THEATRE

AGENT 355      Anna Strong / John Simcoe      Chautauqua Theatre / Dir. Estefania Fadul  
6 THE MUSICAL      Emma      NYMF / Zack Zadek, Dir. Max Friedman  
CHILDREN OF EDEN      Eve / Mama Noah      Little Victory Theater / Dir. Brendan Stackhouse  
WENDY'S SHADOW      Tinkerbell      NYMF / Dir. Dave Maglione

## FILM/TV

THIS IS B.S.      Guest Star      Web Series / Dir. Amanda Pinto  
PATIO SEATING      Lead      NYU Student Film / Dir. Yianni Papadimos  
(IM)MATURE      Co-star      Web Series / Dir. Jake Nathanson  
AS TOLD BY GINGER      Lead      Self-written/directed/edited NYU Student Film

## READINGS/CONCERTS

ELLIS ISLAND HERITAGE AWARDS      Soloist      Dir. Sammi Cannold / MD Madeline Smith  
BROADWAY: THE NEXT GENERATION      Soloist      Kennedy Center Millennium Stage / Nikko Benson  
THE CRAZY ONES      Chrisann Brennan      Musical Theater Factory / Zack Zadek  
HIT LIST: SMASH IN CONCERT      Soloist      Feinstein's/54 Below - Joshua Safran/Julia Brownell

## RECORDINGS/MUSIC

Self-Titled Jazz Album      Soloist      With the Charlie Rosen Big Band  
Kerrigan-Lowdermilk LIVE      Featured Vocalist      Yellow Sound Lab  
Drafts: Volume Two      Soloist      Alexander Sage Oyen  
\*HBO "Beautiful Things Can Grow"      Soloist      Song of Parkland / Mark Sonnenblick  
\*Emmy Nomination

## TRAINING

NEW YORK UNIVERSITY - BFA Tisch School of the Arts, New Studio on Broadway & Stonestreet Film and TV  
*Acting:* Bob Krakower, weekly class with Eric Reis, Andy Roth (VO), Ted Sluberski, Jen Waldman, Alexandra Neil  
*Voice:* Tyley Ross, Michael McElroy, Aimée Steele, J. Oconer Navarro  
*Dance:* Byron Easley, Dell Howlett, Barry McNabb

## SPECIAL SKILLS

Extensive demo studio recording/mixing/editing experience, excellent sight singer, American Sign Language knowledge, piano, basic guitar, music dictation, conversational French, ZFX flying experience, belay-certified rock climber, bike rider, embroiderer. Dialects: RP, Dublin, southern  
Writer/director/performer of original works and cabarets at Feinstein's/54 Below, Joe's Pub, Don't Tell Mama, Le Poisson Rouge, National Sawdust